

2012

vital life foundation

annual report

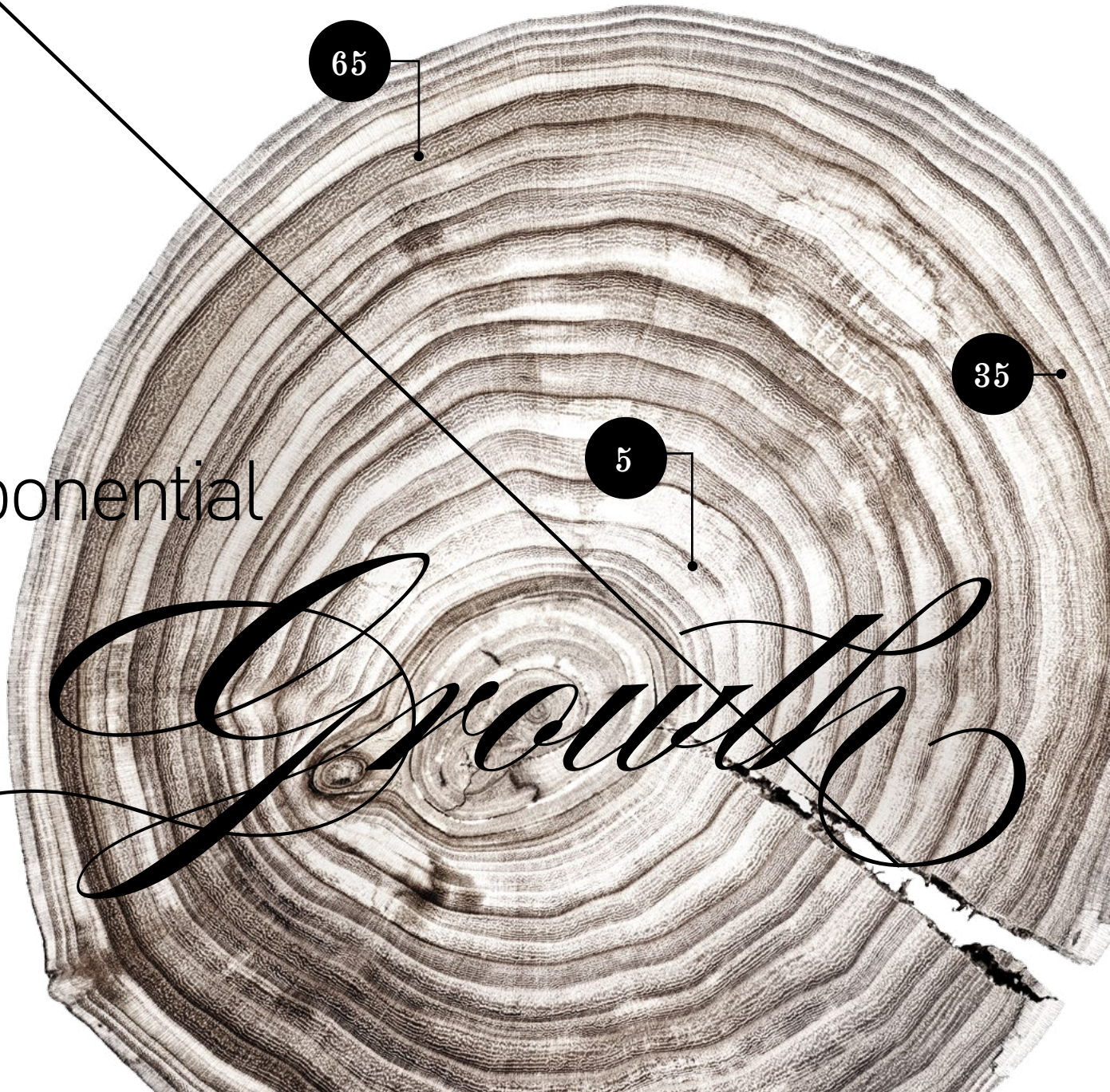
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exponential

Growth



A Letter from the Board

The Vital Life Foundation is now in its fifth year of helping employees and residents in long term care give back to their communities. As we grow and mature, both as individuals and as an organization, it is important for us to look at our efforts and ask, “*Are we helping to change lives?*” That question, and all the circumstances that prompt us to ask it, have led to the creation of our manifesto.

Thank you for your role in a successful year. Your dollars will always go to respected charitable organizations that positively impact youth, general health and wellness, schools/education, families, women, and seniors. It is like making a little magic with every dollar.

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Charles Bloom, Vice-Chair
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Victor Kisch, Director
Phil Fogg, Director
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Julie Kresl, Director
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Our Manifesto

A Vital Life for All

At five years old, we crave security, familiarity and nurturance. We're at our best when we feel the safest; well loved and cared for. We explore and we learn, but within the boundaries we know are there for us and we like that. We need people that care. We need parents, grandparents, teachers, caregivers and communities that love us and do everything in their power to help us succeed.

At thirty-five, it's about contributing, striving and most likely, providing. We're in our prime and hopefully doing what we love. Physically and mentally strong, we run marathons, build our homes, raise our families and solidify careers.

At sixty-five we reflect and relax a bit. We enjoy the fruits of our labor and soak up our grandchildren. We walk. We take up new hobbies. We travel. We have lunch with people because we can. We give of our time and talent and if we're able, we give more.

At eighty-five we share. We share our stories, our recipes, our knowledge and our company. We want to feel cherished and respected for our contributions and that we still have value yet to contribute. While sometimes it feels the world moves so fast around us it's spinning, we need to feel that we still have a part in it. That there are stories yet to be written and lives yet to be touched. These are things we all need to live a vital life at every age.

The Vital Life Foundation stands for vitality for all. We are a catalyst that connects community and charitable organizations with Marquis and Consonus staff and residents making meaningful contributions mean even more.

No one does it quite like the Vital Life Foundation. By creating opportunities for residents and staff to get directly involved with the organizations we work with, the results are exponential. Consider the impact of making a donation that helps a sick child get out of bed AND gives a resident a reason to.



VITAL LIFE
FOUNDATION

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from generation to

Generation

The Vital Life Foundation is the giving arm of Marquis and Consonus, and brings employees, residents, charities and communities together in the spirit of philanthropy and service. What makes the VLF truly unique are these connections. The VLF empowers employees to make a difference and residents to find purpose in service to others.

It is vitality in action

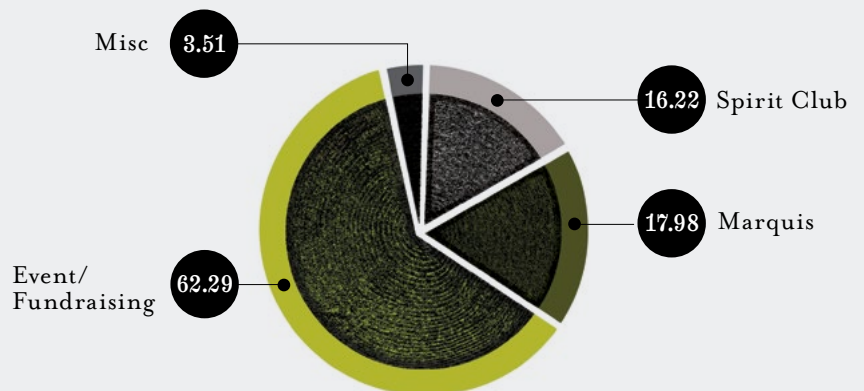
vitallifefoundation.org



MARGARITA BENNING

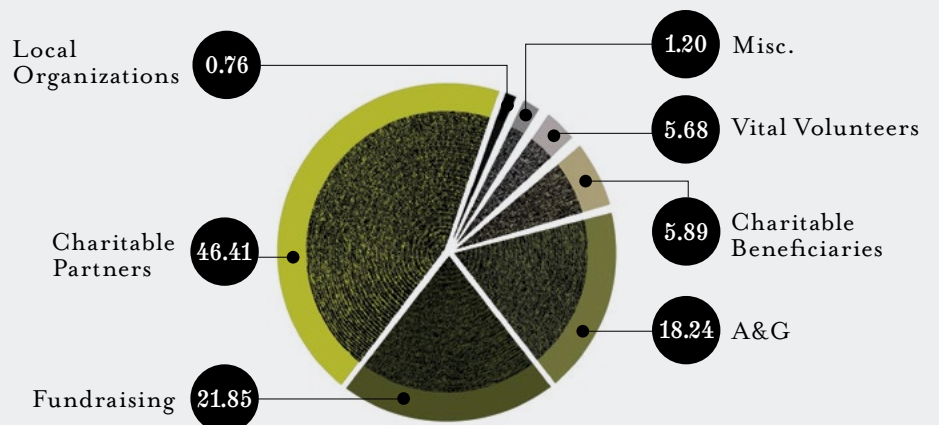


Financials



REVENUE

Spirit Club	\$114,266.59	16.22%
Marquis	\$126,605.99	17.98%
Events/Fundraising	\$438,705.88	62.29%
Misc	\$24,720.28	3.51%
TOTAL REVENUE	\$704,298.74	



EXPENSES

Charitable Partners	\$276,339.33	46.41%
Charitable Beneficiaries	\$35,000.00	5.89%
Local	\$4,500.00	0.76%
Vital Volunteers	\$33,794.25	5.68%
A&G	\$108,611.62	18.24%
Misc	\$7,113.46	1.20%
Fundraising	\$130,094.17	21.85%
TOTAL EXPENSES	\$595,452.83	

The 2012 expenses are reflective of 2011 donations. All donations commensurate with the previous year's fundraising. 2012 revenue will drive 2013 giving.

Charitable Beneficiaries

\$35,000 WAS DISTRIBUTED AMONG
SIX CHARITABLE BENEFICIARIES

CASA	\$2,500
Children's Cancer Society	\$5,000
Friends of the Children	\$10,000
Jessie F. Richardson Foundation	\$7,500
Medical Teams International	\$5,000
United Cerebral Palsy	\$5,000

Programs

Backpack to School | Backpack to School has had one successful year after another since its inception in 2008. Through the efforts of Marquis and Consonus, dedicated employees, and generous vendors, 1,677 backpacks were given to children of long term care employees. A total of 43 facilities held celebrations of their own where children and residents came together at carnivals, BBQ's, and parties to present and receive supplies they needed for the school year. Given that it can cost upwards of \$100 for each school age child to enter school with the supplies they need, this exceptional program puts \$167,700 back in the pockets of long term care employees who are working, not for the amount they receive but for the riches of caring for those who need them.

BridgeTown Bash | As a young organization, the Foundation had in years past chosen to partner with other non-profits to create an annual fundraiser. 2012 was the Vital Life Foundation's first year of planning, organizing, and hosting this yearly fundraiser without outside assistance. It was coined the BridgeTown Bash and with the leadership of Event Chair Angie Latta and 100 volunteers the evening was an unmitigated success.

We were joined by many of our charitable partners and beneficiaries including Meals on Wheels, Alzheimer's Association, Ronald McDonald House Charities, American Heart & Stroke Association, Susan G. Komen, Jessie F. Richardson Foundation, and Medical Teams International.

The theme was intended to take all the fun and unusual things that Portland is famous for and give the public a sample of things that they may not have experienced yet. These included:

Food Carts	Local Art
Whiskey & Beer Pairings	Aerialists
Palm & Tarot Card Readings	A Flash Mob of Marquis & Consonus Leadership
Temporary Tattoos	
Pedi Cab Rides	

Vital Volunteers

Medical Teams International | Twelve residents from Marquis Forest Grove Assisted Living learned of the plight of families fleeing DR Congo to Uganda due to the bloodshed and dangerous situation. Many families were forced to leave older children behind in order to save their yet unborn babies. When the residents of Forest Grove found out that these families had no possessions, they decided to make baby blankets. As one of the doctors there reported, *"The crowded sleeping is good since the nights are cold. Last week, two babies rolled too far from their mothers and died from exposure without blankets."* The Forest Grove resident who was leading the volunteer efforts died after picking out fabric for the blankets. Her friends took up the cause and delivered 47 blankets to Medical Teams International, who in turn sent them to Uganda.

Sharon Tissell, a nurse from Portland, gifted one of the quilts to a newborn baby at Kisoro. The baby's mother gave birth on the side of the road while on her way to our clinic. *This quilt will provide comfort and lifesaving warmth to this newborn.*

Albertina Kerr | Albertina Kerr is a nonprofit organization that has a mission of helping mentally and physically challenged children and adults. As with many nonprofits, funding is so scarce they are not able to provide the quantity of programs that would teach the people they work with to become part of the community at large. Such simple things as learning to trust strangers, follow directions, form relationships, and learn social etiquette were beyond their grasp. In 2012 Marquis Oregon City residents opened their hearts to them and took on the responsibility of helping them learn. As we age, many of our adult roles vanish because of our changing circumstances. When the opportunity to give back was presented to Oregon City residents, 25 showed up to be a part of this twice weekly group. Because of their dedication and the fact that they rarely miss working with Albertina Kerr as Vital Volunteers, they gave over \$8,000 back to Albertina Kerr to enrich the lives of the people they serve.



2012 Highlights

• In 2012 **Resident Vital Volunteers raised over \$10,000** for charities such as Albertina Kerr, Meals on Wheels, RMHC and Medical Teams International.

• 104 Vital Volunteers **gave \$33,794 to worthy charities.** Donations are up from \$14,570 in 2011.

• **Events and fundraising grew** from \$327,987 in 2011 to \$438,706 in 2012

• **Total revenues are up** \$129,036, for a sum of \$704,298.74



Donors

Vital Volunteers | Marquis and Consonus employees who have a personal involvement in charitable giving through volunteer hours or monetary donations. The Vital Life Foundation was able to match their charitable giving with a monetary donation.

Allison DeHaan
Amy Clay
Andrea Parks
Angi Varner
Anh Nguyen
Anna Browne
Anne Rieke
Babak Amali
Barbara Lanham
Bobbi Jo Shrum
Brenda Otterson
Brigitte Wagner
Catherine Vorhies
Claudia Long

Consonus Pharmacy
Billing Group
Crystal Wintersteen
Dave Lewis
Emily Skipper Taghon
Faye Foster
Gurpreet Singh
Heather Mizner
Holly Daigle
Jeanne Wallace
Jenna Smith
Jessica DeNardo
Consonus Pharmacy
Group
John Tipton

Judith Little
Julie Christensen
Julie Barnes
Karina Garcia
Karley Brnusak
Katherine Wolf
Katy Kemp
Kealy Adams
Kelsey Larsen
Kerri Fiero
Lani Bennett
Lisa Downing
Lorinda Hagstrom
Lynne Hughes
MarDee Peterson

Margaret Zherg
Mary Stewart
Mathew Souza
Minoo Nowak
Oregon City Resident
Group
Patti Garibaldi
Patty Magid-Volk
Peter DelSignore
Scott Miller
Suesan Thompson
Susan Debates
Vermont Hills Resident
Group
Zach Kinzer

Corporate Donors

4 Spirits Distillery
4th Street Brewing
ACP
Adelsheim Vineyard
Advanced Vending
Alpha Graphics
Antica Terra
Archers Afield
AWOL
Beaumont Florist
Bengerminz Vodka
Big Bottom Whiskey
Bing Lounge
BlueLight
Enterprises Inc.
Brandaw Family
Foundation
BrewCycle Portland
BridgePort Brewery
Brown & Stebbins
Bucket Drummer
Bull Run Distillery
Burnside Brewing Co.
Caps & Corks
CAPSA/MMI
Cardinal Health
Care Fusion
Cascade Brewing
Barrel House
CB Two
Cedar Sinai Park
Cheese Bar
Clatsop Care Center
CMG
Columbia Construction
Consonus Pharmacy
Construction
Management Group
Contemporary
Healthcare Capital

Crosswater
D & D Recycling
Disney On Ice
DJ Haute Toddy
Donald McGregor
Foundation
Drink Deck Portland
Dynamic Medical
Systems
Eastside Distilling
Edgewood Point ALF
Emerio Design
Encompass
Environmental Science
& Assessment
Evergreen Vineyards
Family Chiropractic at
NW Wellness Center
Farm to Fire Pizza
FGL Drug Corporation
First Quality
Frontier Management
Gracelen Terrace
Great Wine Buys
Gresham Ford
Harley Davidson Rentals
HBE
HBE West
Hood River Distillers, Inc.
House Spirits Distillery
Inner View
JEA Senior Living
Jessica Rincon
JFR Foundation
John Stricker
Photography
K&M Winery
KayJohn Country Inc.
Key Bank
KGW

Kinetic Group
KPD Insurance
Liberty Northwest
Lifewise
Lockton Insurance
Brokers
Lompoc Brewing
Mariel & Friends
Marquis Companies, Inc
Maryville Nursing
Home
MedCall
Medical Teams
International
Metro West Ambulance
MHA
Midcap Financial
Miller Nash
Mt Hood Solutions
Nathanson Group
Navigator Group
Purchasing
Nordon Drug
Office Depot
OHSU March Wellness
& Fitness Center
Optima Healthcare
Solutions
Pacific Naturopathic
Medicine
Paddy's Bar & Grill
Pavillon
PCC
Pharmease, LLC
Photobooth For You
Pinnacle
PMG
Portland Pedals
Portland Timbers
Postal Express

Private Bank
QuickMAR
Rehab Optima
Ringling Brothers
R/West
Scoop Ice Cream
Security MicroImaging
Corp
Softwriters, Inc
Southern Wine
& Spirits
Spokane Pharmacy
Association
Stoel Rives
Structured
Communication System
Stubblefield Properties
Sysco Foods
Taco Pedaler
Tacoma Lutheran
Tendril
The Brandaw Family
Foundation
The Dump Truck
The Heart Cart
The Mill Casino Hotel
& RV Park
Threat Dynamics
Train Race Inspire PDX
Twin Med
UB Painted
Uni-Ter
US Bank
Vacaville Healthcare, Inc.
VLF Board Members
Walter Nelson
Warship Rum
Westcoast Event
Productions

"No one is useless in this world who lightens the burdens of another."

—Charles Dickens

Donors Cont.

Individual Donors | Individual donors may include employees of Marquis and Consonus who made donations beyond that of the Spirit Club.

Agnes Hemshorn	David & Sandra Connolly	Joe Nicoli	Minoo Nowak
Alfred Holte	Dean Gitchel	Joe & Cindy Couey	Nancy & Steven Bosh
Alice Knouff	Debra & Col. John	John Martin	Neil Marshall
Alicia Rachal	Moore	John Tipton	P & C Thorpe
Allison Hoelter	Denise Callahan	John & Caprial Pence	Paul & Kim Goudy
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Angelica Williams	Diane Miller	John & Mary Cain	Richard McCarrick
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Darcy Cole	Jim & Michelle Nielsen	Michael & Ruth Graham	
Dave & Susie Lewis	Jimmy & Kristen Moore	Michael & Ruth	
David & Kay MacVicar	Jo Lynn David	O'Callaghan	
David & Kathy Hackenyos	Joann Eck	Mike & Stasia Larsen	
David & Rebecca Beasley	JoAnn Lindquist	Mindy Pieper	



MARTHA MCQUOID | 1938

OUR SPIRIT CLUB MEMBERS ARE MAKING A DIFFERENCE TODAY

The Spirit Club is comprised of Marquis and Consonus employees who choose to make donations to the Vital Life Foundation through payroll deductions.

Their donations are equally matched by Marquis and Consonus, thus doubling the impact to charitable organizations.



Spirit Club Members

Abainesh Mhiretu	Barbara Lanham	Courtney Corda	Erin Sprando	Jennifer Cavender
Abby Howard	Barbara Morford	Crystal Alcalá	Erin Wiedrich	Jennifer Conrad
Abigail Lyman	Barbara Rosales	Crystal Hill	Estela Delima	Jennifer Dunaway
Alan Koenig	Barbara Smith	Crystal Hillis	Luria	Jennifer Greene
Alemtsehay Yimey	Barry Jennings	Cynde Cheek	Ethan Lindsey	Jennifer Hoffer
Alesha Stewart	Beatriz Zamora	Cynthia Davis	Eva Larios	Jennifer Johnson
Alexandria	Belen Aguila	Cynthia Kuhn	Fabiola Campos	Jennifer Smeltzer
Marchese	Beth Biggs	Cynthia Martin	Fawn Aten	Jerry Nelner
Alexandria	Beth Funsch	Cynthia Miller	Faye Foster	Jeremy Pantovich
Nicolae	Bradlee Seehafer	Cynthia Moore	Frances Manuell	Jessica Karlson
Alicia Sanchez	Brandon Koob	Cynthia Watson	Francine Courts	Jessica Holland
Alina Staub	Breanna Goetsch	Dana Cansler	Frederick Franco	Jessica McIntosh
Alire Lowe	Brenda Elwonger	Daniel Canchola	Frehiwat Ashenafi	Jessikah Barrios
Allegra LaFlamme	Brenda Sanchez	Daniel Carney	Gail Devenport	Jim Santa
Allison Dehaan	Brenda Wilson	Daniel Casillas	Gail Diaz	Joanna Danmyer
Allison Hoelter	Brianda Corrales	Daniel Lyman	Garn Loveland	Joanna Yond
Allison Nicjolas	Briarlyn	Danielle Ellickson	Genesis Landry	Johanna Dicerson
Alvaro Quiroz	McFarland	David Harlin	Mesa	John Baker
Alyssa Vetsch	Brigit Venters	David Lewis	Georgette	John Pierce
Amanda Elegant	Brittany Drake	David Sperley	Emenhiser	John Smalley
Amanda Peck	Brittney Reed	David Van Wagner	Georgina	Jonalyn Brown
Amanda Perl	Caitlyn Noland	Dawn Cline	Canizales	Jordan Costanzo
Amelia Johnson	Calley Schanderl	Dawn Jackson	Georgina Tepos	Jose Javier
Amber Smith	Cama Gonzales	Dawn Moskowitz	Gina Hendrix	Jose Moo-May
Amber Bringhurst	Carla Zamora	Deanna Kattner	Ginger Norconk	Josephine Deblasio
Amy Balderos	Carmalita Russo	Debbie Egli	Gretchen Wright	Josh Hewitt
Amy Bohna	Carman Meade	Debbie Fastenow	Guadalupe	Joy Christian
Amy Clay	Carol Boatright	Debbie Taggart	Valenzula	Joy Lankford
Amy Evinger	Carol Reid	Deborah Daniels	Gurpreet Singh	Joy Walters
Amy Pratt	Carri Steffey	Deborah Dooley	Guy Cowart	Joyce Johns
Amy Seiger	Carrie Odney	Deborah Harlen	Hanan Dahir	Judith Holznel
Amy Stone	Caryn Leighton	Deborah Otto	Heather Avilla	Judith Letterer
Amy Tamagos	Casey Casson	Deborah St	Heather McNamee	Judy Bryan
Amy Telfer	Cassie Freeman	Germain	Heather Mizner	Judy Harbin
Ana Hernandez	Cathrine Squire	Dechen Dolkar	Heather Lynn Case	Julia Hart
Anabel Garfias	Cathy Bilotta	Delma Doyle	Heidi Krieck	Julia Moody
Andrea Goswick	Cathy Keller	Denise Catalano	Heidi Long	Julianne Davis
Andrea Parks	Celeste nterrante	Denise Stratton	Helen Young	Julie Barnes
Angela Rampone	Chanice Wilkerson	Dharmishitha	Ian Strand	Julie Christensen
Angela Roelofs	Charisse Flory	Patel	Imelda Hewitt	Julie Eaton
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Angela Rude	Charles Bloom	Diane Woods	Jackie Audette	Julie Kresl
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Angela Wykes	Charlie Matule	Don Maddox	Jackie George	Kacy Carter
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Angie Latta	Cheryl Konklin	Donna Baker	Jaelynn Moore	Karen Kohl
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Anne Reike	Christian Bamford	Ed Sporbart	Jamie Lambert	Kari Martens
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Annie Kang	Christina Sundoen	Efrosinia	Jamie Sheesley	Karla Wood
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Anthony Laflen	Propper	Elizabeth Gomes	Jamine McCleoud	Katherine Olsen
Anthony	Christine Houston	Elizabeth Green	Jan Clendenon	Kathi Jermalowske
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Arlene Kuehene	Cindy Sanchez	Emelyn Alpapara	Jaron Sue	Katie Cardwell
Ashla Smith	Claudia Long	Emily Fukuda	Jassir Velez	Karina Garcia
Ashley Bosch	Colin Sanders	Emily Gurrero	Jason Short	Katrina Sanders
Ashley Thomas	Connie Anderson	Emily Skipper	Jatty Kayee	Kay Baldwin
Ashley Troutman	Connie Olvera	Emily Vavrosky	Jeanette McInnis	Kay Roe
Autumn Reed-	Cora Buchanan	Emma Gatchet	Jeanie Braden	Kayla Bateman
Walker	Corie Staton	Eric Lintner	Jeanne Barnes	Kayla Kukuraza
Aysha McLucas	Corinna Swanson	Ericka Durlin	Jeanne Dill	Kaylee Yother
Babak Amali	Corinthian	Erika Baker	Jen Barry Jennings	Kayte Wolf
Baraka Spencer	Crawford	Erin Benadom	Jenna Harrington	Kelcy Gillen
Barbara Balmer	Corrina Carrasco	Erin Davidson	Jenny Barrick	Kelly Rojo

Spirit Club Members Cont.

Kelly Mangrum
Kelly Valish
Kelsey Larsen
Kelsie Muntz
Kerry Riley
Kevin Heinecke
Kevin Kuznicki
Kim Espy
Kim Vercellotti
Kimberly Burris
Kimberly Hepler
Kimberly Morales
Kirk Mann
Kirstin King
Kiyomi Favalaria
Kris Miller
Kristina Amick
Kristen Drake
Kristin Dungan
Kristin Erdmann
Kristine Juhola
Kristin Keen
Kristie O'Brien
Kristen
 Stadelhofer
Kristen Stewart
Kylie Evenhus
Ladene Woodward
Lani Bennett
LaRayne Barrios
Larry Derra
Lashaunda Repp
Latisha Peery
Laura Cobian
Laura Cunningham
Laura Meyerson
Lauren Kippen
Lauren
 Mosbrucker
Lauren Thompson
Laurene Fox
Laurie Crawford
Lauri Cruz
Lavada Williams
Lavohne Smith
Leah Brandis
Leslie Parra
Lewam
 Gebremichael
Lillian Hamilton
Linda Haines
Linda Kirch
Linda Slocum
Linda VanDusen
Lisa Cantrell
Lisa Downing
Lisa Drake
Lisa Golzar
Lisa Holland
Lisa Pendry
Lisa Peterson
Lisa Rudisel
Lisa Slavik
Lisa Stedman
Lisa Weber
Lisa Kim Brewer
Loni Walling

Loraine Speacher
Lori Alavarez
Lori Ewing
Lori Lynch
Lori McGraw
Lori Schindler
Lori Taylor
Lori Ann Lane
Louise Tower
Lucia Cha
Lucia Reyes-Juarez
Luz Leal-Ponce
Lynette Gullings
Lynn Barnard
Lynn Hill
Lynne Hughs
Lynne Dela-Rosa
Mahshid Solati
Malinda Close
Marcia Smith
Marcia Diran
 Valdez
MarDee Petersen
Margaret Johnson
Mari Hanner
Maria Duran
Marianna Revenko
Marianne Angelini
Maribeth Taennler
Marilyn Pegross
Marisa Vogut
Marissa Mitchell
Marissa Summers
Marjean Gannon
Mark Mathews
Marla Duffy
Marla Gonzalez
Marlene Griego
Marlo Pine
Marna George
Martin Cortez
Mary Amick
Mary Dhillon
Mary Halter
Mary Hindal
Mary Picard
Maryann Collini
Matt Reinikka
Mathew Feldmar
Matthew Pool
Max McIntyre
McKenzie Dodge
Meagan English
Megan Brookshire
Megan Escalante
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Melissa Kovach
Melody Jones
Melody Pearson
Meredith Gossett
Merideth Barger
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Michael Reichner
Michelle Evans
Michelle Fray
Michelle Lutz

Michelle Spero
Michelle Zander
Mike Johnson
Minerva Jeronimo-
 Morales
Molly Stringer
Molly Jones
Monica Woody
Morgan Lemen
Muriel Ferris
Nadya Brown
Nancy Mead
Nancy Koerner
Nancy Norberg
Nanette Smith
Naomi Land
Natalie Elwell
Natalya Malyugina
Nathan Clark
Nellie Azogue
Nerissa Wright
Nguyet Nguyen
Nicole Burnham
Nicole Easley
Nicole Miller
Nicole Sims
Nikki Watson
Norma Shirley
Olga Rodriguez
Pamela Teel
Pamela Henrichs
Pamela Doughty
Pamela Hague
Pamela Engle
Pamela Cuff
Pamela Tye
Patience Lewis
Patricia Kerr
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Patty Kleckner
Paul Barth
Pearlene Smith
Pete Del Signore
Phyllis Orton
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Pina Smith
Pliga Garcia
Poungpaka
 Porsuwan
Rachael Brandon
Raeanne Barker
Ramiro Marin
Ramona Picard
Raschelle Dupell
Rebecca Cox
Rebecca Graves
Renita Armstrong
Rewa Coleman
Rhoda Parreno
Richard Jones
Richard Kortum
Richard Littrell
Richard Waters
Rick Murphy
Roberto Soto
 Tlalapanho

Robin Stone
Robyn Fitzsimmons
Robyn Trahan
Rochelle Ruffin
Rodney Corbin
Ron Free
Ron Gribble Ron Knapp
Ronda Maniker
Ronnett Silata
Rosalie Quiroz
 Felahy
Roselund Vela
Rosemarie
 Enriquez
Rosio Hernandez
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Russell Kittrell
Ruth Elliott
Ruth Wadsworth
Sabrina Lock
Saira Gantzer
Sally Lewis
Salvador Gurrero
Samantha Tapia
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Shawna
 Setterlund
Shelby Sexton
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Shellie Anderson
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Shirley Gomez
Shirley
 Halaverson
Shirley Stone
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Socorro Alcala
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 Bullinger
Susan Hyer
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Susan Meyers
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Tammy Boyd
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Zachary Kinzer
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"How wonderful that no one need wait a single moment to improve the world."